



Join Island Girl Yoga Experience for a magical and mythical retreat in Crete!

July 22nd - 29th 2026

Join us on an incredible adventure in the ancient and mystical island of Crete! Enjoy luxury living in a beautiful retreat center appointed with a pool, sauna, gym, yoga studio, and en suite bathrooms for each accommodation. You will enjoy freshly prepared Greek cuisine to nourish the body while the island nourishes your soul, and the yoga unites breath with movement. You will experience several ancient archeological sites, breathtaking beaches, a stunning hike through a gorge, and a semi-arid landscape filled with beauty. You will also have the opportunity to practice yoga twice daily, and participate in tailored and personalized workshops during your stay.



Included Yoga:

- two yoga practices daily
- sunrise and morning practices
- restorative evening practices
- guided opportunities to explore your yoga practice in an air conditioned studio and in nature

Included Accommodations:

- 7 nights, 6 full days of luxury at an exclusive island retreat center
- A/C and en-suite bath/shower in each room*
- large living areas and patios
- fully equipped yoga studio, gym & sauna
- Wi-Fi
- outdoor pool & deck

Included Nourishment:

- 7 healthy buffet style breakfasts
- 4 prepared lunches
- 4 authentically Greek dinners
- access to local produce
- a variety of snacks available all day
- access to local fruits and specialties
- shopping in various cities & towns



Included Excursions:

- Private excursions, hikes and outings
- visits to Chania & Heraklion
- four beach excursions
- visit to Knossos archeological site
- hike through an awe inspiring landscape
- Chania walking tour
- Elofanisi beach visit & yoga workshop
- Falassarna beach visit & yoga practice

Included Extras:

- airport transfer on days of arrival (Heraklion)**
- prepared meals for excursions
- gratuities and taxes
- assistance booking flights
- personalized workshops & swag bag

Not Included:

- airfare
- alcoholic beverages
- three beach lunches
- three restaurant dinners



Suite 1:

- shared queen bed
- ensuite bathroom w/ shower
- spacious patio, pool and seating area
- stunning sea and garden views
- Air conditioning

Price per person:

Double occupancy -
\$3,750 per person

Suite 2:

- 2 or 3 twin beds
- ensuite bathroom w/ shower
- spacious patio, pool & seating area
- stunning sea and garden views
- Air conditioning

Price per person:

Double Occupancy Twin-
\$3,750 per person
Triple - \$3,500 per person

*Single occupancy - \$7,000

***airport transfers included if you choose to arrive/depart at the designated group pick up and drop off times; individual transfers can be arranged (covered by participants) if arrival/departure times fall outside of the group pick up/drop off times.*

*****To register and secure a space, please fill out and submit this [REGISTRATION FORM](#). Once submitted, click on the pink Pay Now button to secure your spot with a \$500 deposit.***